## PUTNAM SUMMER MEAL PROGRAM MENU 2023 USDA is an equal opportunity provider

\*DAILY ALTERNATE MEAL: YOGURT/CHEESE STICK MEAL or Peanut Butter Jelly Sandwich MENU SUBJECT TO CHANGE MONDAY **TUFSDAY** WFDNFSDAY **THURSDAY FRIDAY** WEEK OF JUNE 12-16 **TURKEY WRAP** CHEESEBURGER PIZZA THURSDAY! CHICKEN PICNIC DINNER W/WG **DINNER ROLL CHICKEN PATTY ON WG BUN** ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES **Stuffed Crust Pizza** ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES **CHOICE OF MILK** CHOICE OF MILK **CHOICE OF MILK** WEEK OF June 19-23 **BEEF OR CHEESE NACHOS BACON CHEESEBURGER** PIZZA THURSDAY! HAM AND CHEESE GRINDER No Service ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Primo Pizza ASSORTED FRUITS AND VEGETABLES Holiday CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES **CHOICE OF MILK** Junteenth Day CHOICE OF MILK WEEK OF JULY 3-7 CHEESEBURGER **PIZZA THURSDAY!** CHICKEN PICNIC DINNER W/ WG **CHICKEN PATTY ON WG BUN** ASSORTED FRUITS AND VEGETABLES **Putnam Special** DINNER ROLL ASSORTED FRUITS AND VEGETABLES **CHOICE OF MILK** ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Closed Happy 4th!!!!! CHOICE OF MILK CHOICE OF MILK CHOICE OF MILK WEEK OF July 10-14 **BEEF OR CHEESE NACHOS BACON CHEESEBURGER** PIZZA THURSDAY! HAM AND CHEESE GRINDER **MEATBALL IN SAUCE WITH** ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Primo Pizza ASSORTED FRUITS AND VEGETABLES **BREADSTICK** CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK **CHOICE OF MILK CHICKEN PICNIC DINNER W/WG** WEEK OF JULY 17-21 **TURKEY WRAP** CHEESEBURGER **PIZZA THURSDAY! CHICKEN PATTY ON WG BUN** ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES **Stuffed Crust Pizza DINNER ROLL** ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES **CHOICE OF MILK** CHOICE OF MILK CHOICE OF MILK WEEK OF JULY 24-28 **BEEF OR CHEESE NACHOS BACON CHEESEBURGER PIZZA THURSDAY!** HAM AND CHEESE GRINDER ASSORTED FRUITS AND VEGETABLES MEATBALL IN SAUCE WITH BREADSTICK ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Primo Pizza ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK **CHOICE OF MILK** WEEK OF July 31-August 4 PIZZA THURSDAY! **CHICKEN PICNIC DINNER W/WG TURKEY WRAP** CHEESEBURGER **CHICKEN PATTY ON WG BUN** ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Stuffed Crust Pizza DINNER ROLL ASSORTED FRUITS AND VEGETABLES **CHOICE OF MILK** CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK CHOICE OF MILK **BEEF OR CHEESE NACHOS BACON CHEESEBURGER WEEK OF AUGUST 7-11 PIZZA THURSDAY! HAM AND CHEESE GRINDER** MEATBALL IN SAUCE WITH BREADSTICK ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES ASSORTED FRUITS AND VEGETABLES Primo Pizza ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK ASSORTED FRUITS AND VEGETABLES CHOICE OF MILK CHOICE OF MILK CHOICE OF MILK

Putnam Public Housing; 123 Laconia Ave; Starting June 12- August 11,2023 M-F Lunch at 11:00-11:15 FREE MEAL S TO ADULT WITH PARTICIPATING CHILD Putnam Public Library: 200 School Street: Starting June 12- August 11,2023 M-F 11:30-12:00 Lunch: FREE MEAL TO ADULT WITH PARTICIPATING CHILD Hale YMCA: Starting June 20-August 11 M-F 12:10-12:30 Breakfast & Lunch:

Putnam Elementary School: M-F June 12-August 11 Breakfast & Lunch BREAKFAST: 8-9:30Am LUNCH: 11:30-12:30 Pm \*\*\*Eating outside Patio\*\*\*

FREE MEAL TO ADULT WITH PARTICIPATING CHILD

## ~MEALS ARE PREPARED BY PUTNAM PUBLIC FOOD SERVICE DEPARTMENT~

FREE MEALS TO CHILDREN AND TEENS DURING THE SUMMER:

Closed June 19 and July 4th

DAILY RAINBOW OF VEGETABLES ARE OFFERED: CHERRY TOMATOES, BABY CARROTS, TOSSED SALAD, POTATO SALD, CORN, BLACK BEANS, CUCUMBER SLICESFRESH FRUIT OFFERINGS: WATERMELON, APPLES, ORANGES, CANTALOPE, BANANAS, FRESH PINEAPPLE, 100% FRUIT JUICE